

Wildcat Football July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 Weight Room 9-12	30 Weight Room 9-12	1 Weight Room 9-12	2 Weight Room 9-12	3	4
5	6 Weight Room 9-12	7 Weight Room 9-12	8 Weight Room 9-12	9 Weight Room 9-12	10	11
12	13 Weight Room 9-12	14 Weight Room 9-12	15 Weight Room 9-12	16 Wildcat 7v7 Tournament 9 AM-4 PM	17	18 USF 7v7 Sling and Shoot
19 USF 7v7 Sling and Shoot	20 Wildcat Football Camp 8-12PM	21 Wildcat Football Camp 8-12PM	22 Wildcat Football Camp 8-12PM	23 After Camp Freshmen Orientation 630PM in Field House	24	25
26	27 Jr Wildcat Football Camp 9-12PM	28 Jr Wildcat Football Camp 9-12PM	29 Jr Wildcat Football Camp 9-12PM	30 After Lift Parent Meeting at Cafeteria 630	31	

NOTES

Attendance

Players are expected to be at as many workouts as possible. To participate in 7v7, players must attend workouts.

Paper Work

Players must have a valid sports physical packet on file to participate in the Weight Room and 7v7 workouts.

Grades and Paper Check

Check your GPA, student athletes must have an overall 2.0. Get your physical updated.